

“How To” guide {Express vs. LTL}

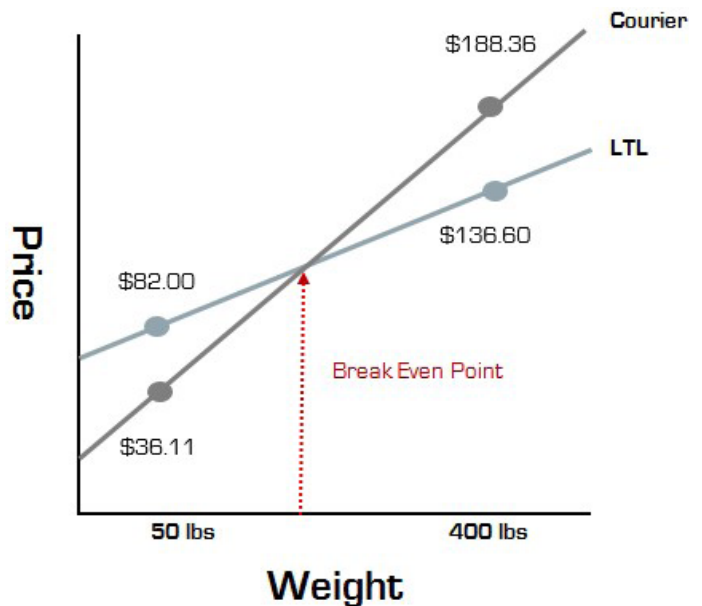
As a general rule of thumb, and depending on the Origin & Destination, shipments **under** 200 lbs are more cost effective when shipped with Express.

When shipping with Express

Option 1: You can create waybills online by using the login provided to you. Please contact customerservice@kindersleytransport.com if you need your login information.

Option 2: You can complete a paper waybill. Please phone **1. 888. 844. 3724** to request waybills and we will deliver them to you.

Both ways of creating waybills for KTL Express will require you to phone 1. 888. 844. 3724 to book your pickup



When shipping with Less- Than- Truckload

- Complete a BOL. A printable BOL can be found [online](#)
- These can be filled in by hand, or you can type in the information in the prefilled spaces available and print it.
- Once the BOL is filled out, please email pickups@kindersleytransport.com to book your pickup.

If you have any questions for either Express or Less-Than-Truckload, please phone **1. 800. 667. 8556**.



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